

<b>Fiscal Unit/Academic Org</b>	Schl of Phys Act & Educ Serv - D1270
<b>Administering College/Academic Group</b>	Education & Human Ecology
<b>Co-administering College/Academic Group</b>	
<b>Semester Conversion Designation</b>	New Program/Plan
<b>Proposed Program/Plan Name</b>	Physical Activity Specialist Minor
<b>Type of Program/Plan</b>	Undergraduate minor
<b>Program/Plan Code Abbreviation</b>	PAS MIN
<b>Proposed Degree Title</b>	Physical Activity Specialist Minor

**Credit Hour Explanation**

Program credit hour requirements		A) Number of credit hours in current program (Quarter credit hours)	B) Calculated result for 2/3rds of current (Semester credit hours)	C) Number of credit hours required for proposed program (Semester credit hours)	D) Change in credit hours
Total minimum credit hours required for completion of program				18	
Required credit hours offered by the unit	Minimum			12	
	Maximum			21	
Required credit hours offered outside of the unit	Minimum			3	
	Maximum			6	
Required prerequisite credit hours not included above	Minimum			0	
	Maximum			0	

**Program Learning Goals**

Note: these are required for all undergraduate degree programs and majors now, and will be required for all graduate and professional degree programs in 2012. Nonetheless, all programs are encouraged to complete these now.

**Program Learning Goals**                      •

**Assessment**

Assessment plan includes student learning goals, how those goals are evaluated, and how the information collected is used to improve student learning. An assessment plan is required for undergraduate majors and degrees. Graduate and professional degree programs are encouraged to complete this now, but will not be required to do so until 2012.

**Is this a degree program (undergraduate, graduate, or professional) or major proposal?** No

**Program Specializations/Sub-Plans**

If you do not specify a program specialization/sub-plan it will be assumed you are submitting this program for all program specializations/sub-plans.

**Pre-Major**

**Does this Program have a Pre-Major?** No

**Attachments**

- Physical Activity Specialist Minor.pdf  
*(Program Proposal. Owner: Sutherland,Susan Linda)*
- PAS minor letter of support.docx  
*(Letter from Program-offering Unit. Owner: Wheaton,Joe Edward)*
- EHE Letter of Support PAS minor.pdf: College Letter  
*(Letter from the College to OAA. Owner: Zircher,Andrew Paul)*

**Comments**

**Workflow Information**

Status	User(s)	Date/Time	Step
Submitted	Sutherland,Susan Linda	03/08/2012 12:33 PM	Submitted for Approval
Approved	Wheaton,Joe Edward	03/08/2012 01:49 PM	Unit Approval
Approved	Zircher,Andrew Paul	05/01/2012 08:45 AM	College Approval
Pending Approval	Nolen,Dawn Jenkins,Mary Ellen Bigler Meyers,Catherine Anne Vankeerbergen,Bernadette Chantal Hogle,Danielle Nicole Hanlin,Deborah Kay	05/01/2012 08:45 AM	ASCCAO Approval



**Office of Academic Affairs**  
172 Arps Hall, 1945 N. High Street  
614 688-4571

Date: April 25, 2012

To: Randy Smith, Vice Provost of Academic Programs, Melissa Soave, Program Manager

Cc: Andy Zircher, Curriculum Coordinator

From: Jackie Blount, Associate Dean 

RE: Physical Activity Specialist undergraduate minor

The faculty and administration of the College of Education and Human Ecology (EHE) have approved a proposal for an undergraduate minor in Physical Activity Specialist from the School of Physical Activity and Educational Services. As you know, EHE faculty also recently approved a college realignment proposal. If the realignment proposal is approved, then this minor would be housed in the proposed Department of Human Sciences.

The proposal for the Physical Activity Specialist undergraduate minor was approved by the EHE Curriculum Committee on April 4, 2012, and by the EHE College Council on April 6, 2012. The proposal was approved by both bodies unanimously.

The Physical Activity Specialist undergraduate minor is for students interested in working with youth in physical activity settings. No new courses are being proposed, instead the minor will utilize existing courses in EDU PAES and COM LDR.

EHE approves this program proposal for an undergraduate minor in Physical Activity Specialist, and requests University level approval. If there are any questions, please contact me at [blount.36@osu.edu](mailto:blount.36@osu.edu) or our curriculum coordinator, Andy Zircher, at [Zircher.2@osu.edu](mailto:Zircher.2@osu.edu).



**PAES Administration**

School of Physical Activity & Educational Services  
College of Education and Human Ecology  
PAES Building, First Floor  
305 West 17th Avenue  
Columbus, OH 43210-1224

Director: 614-247-6411  
FAX: 614-688-4613  
<http://ehe.osu.edu/paes/>

March 2, 2012

Office of Academic Affairs  
203 Bricker Hall  
190 North Oval Mall  
Columbus, OH 43210-1358

RE: Letter seeking approval of the *Physical Activity Specialist Minor* in EHE PAES

Dear Office of Academic Affairs:

This letter is in support of the creation of the *Physical Activity Specialist Minor* in PAES under semesters. The review process began in Autumn 2011 with the program Physical Education/Teacher Education faculty identifying the goals and objectives for the semester curriculum. After this process was completed, the coordinator filled in the course templates and forwarded them for approval. The program has been examined for academic rigor and consistency of the goals to the program and School's mission. Every course was scrutinized for its relationship to the program's goals. Courses were also examined for consistency and accuracy of title, numbering, audience, and subsidy level before submission for review by the college.

I am recommending approval of this program.

If you have any questions or need more information, please contact me. I am at your service.

Sincerely,

A handwritten signature in black ink that reads "Joe E. Wheaton".

Joe E. Wheaton, Ph.D.  
Associate Director  
School of Physical Activity and Educational Services



**PAES Administration**

School of Physical Activity & Educational Services  
College of Education and Human Ecology  
PAES Building, First Floor  
305 West 17th Avenue  
Columbus, OH 43210-1224

Director: 614-247-6411  
FAX: 614-688-4613  
<http://ehe.osu.edu/paes/>

March 2, 2012

Office of Academic Affairs  
203 Bricker Hall  
190 North Oval Mall  
Columbus, OH 43210-1358

RE: Letter seeking approval of the *Physical Activity Specialist Minor* in EHE PAES

Dear Office of Academic Affairs:

This letter is in support of the creation of the *Physical Activity Specialist Minor* in PAES under semesters. The review process began in Autumn 2011 with the program Physical Education/Teacher Education faculty identifying the goals and objectives for the semester curriculum. After this process was completed, the coordinator filled in the course templates and forwarded them for approval. The program has been examined for academic rigor and consistency of the goals to the program and School's mission. Every course was scrutinized for its relationship to the program's goals. Courses were also examined for consistency and accuracy of title, numbering, audience, and subsidy level before submission for review by the college.

I am recommending approval of this program.

If you have any questions or need more information, please contact me. I am at your service.

Sincerely,

A handwritten signature in black ink that reads "Joe E. Wheaton".

Joe E. Wheaton, Ph.D.  
Associate Director  
School of Physical Activity and Educational Services

**The Ohio State University  
College of Education and Human Ecology  
Physical Activity Specialist Minor (PAS-MN)**

---

**Minor Name: Physical Activity Specialist**

**Implementation Date: Autumn 2012**

**Academic Unit: Kinesiology, Department of Unit 3, College of Education and Human Ecology**

### **Rationale**

Inactive lifestyles can greatly contribute to the dramatically increased prevalence of obesity over the past two decades (Pate, Davis, Robins, Stone, McKenzie, & Young, 2006; US Department of Health & Human Services, 1996). K-12 schools have been identified as an ideal place for children and adolescents to reach the recommended daily physical activity levels (Centers for Disease Control and Prevention [CDC], 1997; Pate et al., 2006; Wechsler, McKenna, Lee, & Dietz, 2004). There is also ample evidence from research that supports the positive effects of physical activity on cognition and academic achievement (Chang & Etnier, 2009; Fabel, 2003; Farmer, 2004; Lemaire, 2000; van Praag, 2008; Shors, 2001; Sibley & Etnier, 2003). To combat obesity and enhance cognition and achievement in children and adolescents, there is an increased call for classroom teachers, recreation specialists and other professionals to assume roles in providing additional physical activity opportunities for children in school and community settings such as recess, and before and after school programs (e.g., clubs, intramurals), recreation centers, camps and youth centers. However, these professionals often lack physical activity content knowledge, pedagogical skills, and physical activity management skills to teach physical activity to preschoolers, children and youth. To address this critical societal need, we propose to create a physical activity specialist minor, designed to provide education and training in physical activity pedagogical and managerial skills, content knowledge, and physical activity promotion skills for students who will work with preschoolers, children, and youth in physical activity settings. Our physical education teacher education program at The Ohio State University has unique resources to offer this physical activity specialist minor since our faculty members are well trained in these areas. In addition, our program is a highly regarded undergraduate PETE program that has produced leaders in physical education for more than four decades. This physical activity specialist minor will equip students with essential skills to work with preschoolers, children, and youth in physical activity settings. The physical activity specialist minor consists of a minimum of 18 credit hours of course work.

### **Relationship to Other Programs / Benchmarking**

Currently, there are 3 minors in School of Physical Activity and Educational Services (PAES) and 8 minors at College of Education and Human Ecology (EHE). After semester conversion in summer 2012, the exercise science minor, which focuses on exercise physiology rather than physical activity content knowledge and pedagogical skills, will be eliminated. Our physical activity specialist minor is unique as it is designed to provide education and training on physical activity pedagogical and managerial skills, content knowledge, and promotion skills for students who will work with preschoolers and children in physical activity settings. Our physical activity minor is new and there are no overlaps with other programs or departments within the university.

Minors and Student Enrollment in PAES and EHE:

1. Disability Studies minor: 51 students declared
2. Coaching Education minor: 28 students declared

3. Fashion and Retail Studies minor: 45 students declared
4. Education minor: 200 students declared
5. Exercise Science minor: 121 students declared
6. Family and Consumer Sciences Education minor: 1 student declared
7. Human Development and Family Science minor: 109 students declared
8. Human Nutrition minor: 42 students declared

### **Student Enrollment**

We estimate 150 students to take this minor from the following programs:

- Sport Industries at College of Education and Human Ecology: 20 students
- Social Workers at College of Social Work: 25 students
- Nutrition and Community Health at Department of Nutrition: 15 students
- Early Childhood Education/ Elementary Education, English Education, Match Education, Middle Childhood Education, and Science Education at School of Teaching and Learning: 50 students

### **Administration**

The minor program will be administered in conjunction with the PE program in the School of Physical Activity and Educational Services soon to Human Sciences. Dr. Weidong Li and Dr. Sue Sutherland will serve as the program point persons. They will chair the program committee consisting of all faculty (n= 7) in the program which meets monthly to oversee the physical education and health education curriculum delivery. Undergraduate School and College committees will also review and monitor curriculum. Advising will be handled both centrally and locally. Undergraduate advising will schedule classes into the students program of study.

This minor does not require any additional resources to implement or administer. No new courses have been added as a result of this minor.

It is not anticipated that additional sections of courses will be required once the minor is up and running.

### **Curricular Requirements**

Required core (12 credit hours)

- EDU PAES 2542- Lfspn Mtr Development (3)
- EDU PAES 2601- Tchng Phys Ed, Leisure, & Exercise (3)
- EDU PAES 5544- Sport & Leisure Perspectives for Special Populations (3)
- EDU PAES 4191.20- Internship: Physical Activity Settings (3)

Additional course work (6 credit hours)

Select at least two courses from the following list. All prerequisites must be satisfied for the courses selected. No more than one course can be taken from the student's chosen major area. If a 1000-level course is selected, the minimum credit hour total for the minor is 21. EDU PAES 1201 is kept as it is essential knowledge for students to have\*. Selections from this group must be made in consultation with one of the physical activity specialist coordinators.

- EDU PAES 1201- Concepts of Ftnss &Wllnss (3)\*
- SocWork 2110- Prevention & Youth Development through Sport, Recreation, and Play (3)

ACEL 3330- Program Development and Evaluation (3)  
EDU PAES 5795– Soc-Cultrl Iss in Phys Ed (3)  
EDU PAES 5521- Skill Analysis (3)  
EDU PAES 5657- Sport and Disability (3)  
EDU PAES 2307- Advntre Bsd Lrning (3)

\* EDU PAES 1201 – Concepts of Ftness & Wllness. Although this is a 1000 level course, it provides students with essential knowledge in fitness and wellness concepts and how to design and evaluate data based fitness programs.

Physical Activity Specialist (PAS-MN)

School of Physical Activity and Educational Services

Office of Student and Alumni Services  
A100 PE Building, 305 West 17<sup>th</sup> Ave  
Columbus, OH 43210; 614-292-6787;  
<http://ehe.osu.edu/paes/>

The Physical Activity Specialist minor consists of a minimum of 18 semester hours and is designed to equip students with essential skills to work with preschoolers, children, and youth in physical activity settings. You must take the required courses listed below; no variations in the programs are allowed.

After an advisor in the College of Education and Human Ecology Office of Undergraduate Student Services has approved the Minor Program Form, you must file the form with your college.

Students preparing for a career as a physical activity specialist are strongly encouraged to obtain CPR and First Aid Certification

**Core Courses** (12 credit hours)

EDU PAES 2542- Lfspn Mtr Development (3)  
EDU PAES 2601- Tching Phys Ed, Leisure, & Exercise (3)  
EDU PAES 5544- Sport & Leisure Perspectives for Special Populations (3)  
EDU PAES 4191.20- Internship: Physical Activity Settings (3)

**Elective Courses** – select **two** courses from the following (6 crs):

EDU PAES 1201- Concepts of FtNSS & WlNSS (3)\*  
EDU SocWork 2110- Prevention & Youth Development through Sport, Recreation, and Play (3)  
COM LDR 3330- Program Development and Evaluation (3)

EDU PAES 5795– Soc-Cultrl Iss in Phys Ed (3)  
EDU PAES 5521- Skill Analysis (3)  
EDU PAES 5657- Sport and Disability (3)  
EDU PAES 2307- Advntre Bsd Lrning (3)

**Physical Activity Specialist minor program guidelines**

General Information

1. The minor is not available to students majoring in Physical Education Sport and Physical Activity.
2. A minimum overall cumulative point-hour ratio (CPHR) for courses comprising the minor shall be 2.0.
3. No grade below a C- will be permitted in courses comprising the minor.
4. Courses taken on a Pass/Non-Pass basis may not be applied to the minor.
5. No more than 5 hours of transfer credit may be applied to the minor.
6. A student may not double count courses between the minor and other requirements except where approved by the University.



College of Social Work

---

Stillman Hall  
1947 College Rd.  
Columbus, OH 43210-1162  
Phone (614) 292-6288  
Fax (614) 292-6940

March 5, 2012

Dr. Weidong Li  
Dr. Susan Sutherland  
Sports and Exercise Science  
The Ohio State University  
305 W. 17th Ave.  
Columbus, Ohio 43210

Re: Support Letter for Physical Activity Specialist minor

Dear Drs. Li and Sutherland:

On behalf of the College of Social Work I am writing to confirm my support of the proposed Physical Activity Specialist minor. We believe this minor will provide students at the Ohio State University an excellent opportunity to complete coursework and training in this area and will complement a variety of majors. Please let me know if the College of Social Work can be of any additional assistance. We are pleased to provide coursework that can contribute to this minor.

Sincerely,

A handwritten signature in black ink, appearing to read "Tom Gregoire".

Tom Gregoire, Dean  
College of Social Work



**Department of Agricultural  
Communication, Education, and  
Leadership**

2120 Fyffe Road  
Room 204A  
Columbus, OH 43210-1067

Phone 614-292-6758  
FAX 614-292-7007

March 2, 2012

Dr. Weidong Li  
Dr. Susan Sutherland  
Sports and Exercise Science  
The Ohio State University  
305 W. 17<sup>th</sup> Ave.  
Columbus, Ohio 43210

Re: Support Letter for Physical Activity Specialist minor

Dear Drs. Li and Sutherland:

On behalf of the Department of Agricultural Communication, Education, and Leadership we support the proposed Physical Activity Specialist minor. We believe this minor will provide students at the Ohio State University an excellent opportunity to take coursework and training in this area.

Please let me know if the Department of Agricultural Communication, Education, and Leadership (ACEL) can be of any assistance and provide coursework that can contribute to this minor.

Sincerely,

Scott D. Scheer, Ph.D.  
Professor

cc: Drs. Susie Whittington (ACEL undergraduate coordination) Ken Martin (ACEL interim chair)

**DEPARTMENTAL PROGRAM REVIEW CONCURRENCE FORM**  
**College of Education and Human Ecology**  
**School of Physical Activity and Educational Services**

The purpose of this form is to provide a simple system of obtaining departmental reactions to changes in programs. A letter may be substituted for this form.

Academic units initiating a request that requires such a reaction should complete Section A of this form and send a copy of the form to each of the academic units that might have related interests in the program. **Initiating units should allow at least two weeks for responses.**

Academic units receiving this form should response to Section B and return the form to the initiating unit. Overlap of course content and other problems should be resolved by the academic units before forwarding this form and all other accompanying documentation to the Office of Academic Affairs.

---

**A. Information from academic unit *initiating* the request:**

**Initiating Academic Unit:**

Education and Human Ecology - School of Physical Activity and Educational Services (PAES)

**Date of request:** Feb. 22, 2012

**Date responses are needed:** March 6, 2012

**Nature of the Request:**

The Physical Education Teacher Education section within the School of PAES wishes to add a minor for a Physical Activity Specialist. The rationale and program outline is attached.

**Academic Units with related interests asked to review the request:**

1. School of Allied Medical Professions
  2. Public Health
  3. Nursing
  4. Arts and Sciences
- 

**B. Information from academic units *reviewing* the request:**

- The academic unit *supports* the proposal  
 The academic unit *does not support* the proposal. Please explain:

---

- The academic unit suggests (optional):

---



Signature of Department Chair or Graduate Studies Chair (as applicable)

**The Ohio State University**  
**College of Education and Human Ecology**  
**Physical Activity Specialist Minor (PAS-MN)**

---

**Minor Name: Physical Activity Specialist**

**Implementation Date: Autumn 2012**

**Academic Unit: Kinesiology, Department of Unit 3, College of Education and Human Ecology**

### **Rationale**

Inactive lifestyles can greatly contribute to the dramatically increased prevalence of obesity over the past two decades (Pate, Davis, Robins, Stone, McKenzie, & Young, 2006; US Department of Health & Human Services, 1996). K-12 schools have been identified as an ideal place for children and adolescents to reach the recommended daily physical activity levels (Centers for Disease Control and Prevention [CDC], 1997; Pate et al., 2006; Wechsler, McKenna, Lee, & Dietz, 2004). There is also ample evidence from research that supports the positive effects of physical activity on cognition and academic achievement (Chang & Etnier, 2009; Fabel, 2003; Farmer, 2004; Lemaire, 2000; van Praag, 2008; Shors, 2001; Sibley & Etnier, 2003). To combat obesity and enhance cognition and achievement in children and adolescents, there is an increased call for classroom teachers, recreation specialists and other professionals to assume roles in providing additional physical activity opportunities for children in school and community settings such as recess, and before and after school programs (e.g., clubs, intramurals), recreation centers, camps and youth centers. However, these professionals often lack physical activity content knowledge, pedagogical skills, and physical activity management skills to teach physical activity to preschoolers, children and youth. To address this critical societal need, we propose to create a physical activity specialist minor, designed to provide education and training in physical activity pedagogical and managerial skills, content knowledge, and physical activity promotion skills for students who will work with preschoolers, children, and youth in physical activity settings. Our physical education teacher education program at The Ohio State University has unique resources to offer this physical activity specialist minor since our faculty members are well trained in these areas. In addition, our program a highly regarded undergraduate PETE program, that has produced leaders in physical education for more than four decades. This physical activity specialist minor will equip students with essential skills to work with preschoolers, children, and youth in physical activity settings. The physical activity specialist minor consists of a minimum of 18 credit hours of course work.

### **Relationship to Other Programs / Benchmarking**

Currently, there are 3 minors in School of Physical Activity and Educational Services (PAES) and 8 minors at College of Education and Human Ecology (EHE). After semester conversion in summer 2012, the exercise science minor, which focuses on exercise physiology rather than physical activity content knowledge and pedagogical skills, will be eliminated. Our physical activity specialist minor is unique as it is designed to provide education and training on physical activity pedagogical and managerial skills, content knowledge, and promotion skills for students who will work with preschoolers and children in physical activity settings. Our physical activity minor is new and there are no overlaps with other programs or departments within the university.

## Minors and Student Enrollment in PAES and EHE:

1. Disability Studies minor: 51 students declared
2. Coaching Education minor: 28 students declared
3. Fashion and Retail Studies minor: 45 students declared
4. Education minor: 200 students declared
5. Exercise Science minor: 121 students declared
6. Family and Consumer Sciences Education minor: 1 student declared
7. Human Development and Family Science minor: 109 students declared
8. Human Nutrition minor: 42 students declared

## Student Enrollment

We estimate 150 students to take this minor from the following programs:

- Sport Industries at College of Education and Human Ecology: 20 students
- Social Workers at College of Social Work: 25 students
- Early Childhood Development and Education at Department of Human Development and Family Science: 20 students
- Middle Childhood Development and Education at Department of Human Development and Family Science: 20 students
- Nutrition and Community Health at Department of Nutrition: 15 students
- Early Childhood Education/ Elementary Education, English Education, Math Education, Middle Childhood Education, and Science Education at School of Teaching and Learning: 50 students

## Curricular Requirements

Required core (12 credit hours)

EDU PAES 2542- Lfspn Mtr Development (3)  
EDU PAES 2601- Tchng Phys Ed, Leisure, & Exercise (3)  
EDU PAES 5544- Sport & Leisure Perspectives for Special Populations (3)  
EDU PAES 4191.20- Internship: Physical Activity Settings (3)

Additional course work (6 credit hours)

Select at least two courses from the following list. All prerequisites must be satisfied for the courses selected. No more than one course can be taken from the student's chosen major area. If a 1000-level course is selected, the minimum credit hour total for the minor is 21. EDU PAES 1201 is kept as it is essential knowledge for students to have\*. Selections from this group must be made in consultation with one of the physical activity specialist coordinators.

EDU PAES 1201- Concepts of FtNSS & WlNSS (3)\*  
EDU SocWork 2110- Prevention & Youth Development through Sport, Recreation, and Play (3)  
COM LDR 3330- Program Development and Evaluation (3)  
EDU PAES 5795- Soc-Cultrl Iss in Phys Ed (3)  
EDU PAES 5521- Skill Analysis (3)  
EDU PAES 5657- Sport and Disability (3)  
EDU PAES 2307- Advntre Bsd Lrning (3)

\* EDU PAES 1201 – Concepts of Fitness & Wellness. Although this is a 1000 level course, it provides students with essential knowledge in fitness and wellness concepts and how to design and evaluate data based fitness programs.

---